



NUTRITION
SERVICES

SUMMER

JULY
2025

K-8 SCHOOL MENU



BREAKFAST INCLUDES ASSORTED: FRUIT, 100% FRUIT JUICE, GRAHAM CRACKERS (PAIRED WITH PARFAITS/CEREAL), & MILK
LUNCH INCLUDES ASSORTED: FRUIT, 100% FRUIT JUICE, VEGETABLES, & MILK

WEEK 1

MON	TUE	WED	THU	FRI
PLANT-BASED OPTIONS OFFERED DAILY				
JUN 30 BREAKFAST Lucky Charms Cereal, 1oz or Honey Cheerios Cereal, 1oz LUNCH Mini Cheeseburgers or Bean Burrito	1 BREAKFAST Chocolate Muffin Top* or Honey Cheerios Cereal, 1oz LUNCH French Bread Pizza or Bean Burrito	2 BREAKFAST Mini Strawberry Bagels* or Honey Cheerios Cereal, 1oz LUNCH Chicken Nuggets w/ Cheez Its or Bean Burrito	3 HOLIDAY NO SCHOOL 7/3	4 4th of July NO SCHOOL 7/4

WEEK 2

7 BREAKFAST Cocoa Puffs Cereal, 1oz or Honey Cheerios Cereal, 1oz LUNCH Teriyaki Chicken Bowl or Bean Burrito	8 BREAKFAST Mini Confetti Pancakes* or Honey Cheerios Cereal, 1oz LUNCH Galaxy Cheese Pizza or Bean Burrito	9 BREAKFAST Maple Waffle* or Honey Cheerios Cereal, 1oz LUNCH Shredded Beef Burrito or Bean Burrito	10 BREAKFAST Mini Choc. Chip French Toast* or Honey Cheerios Cereal, 1oz LUNCH Italian Pull Aparts with Cheese or Bean Burrito	11 BREAKFAST Trix Cereal, 1oz or Honey Cheerios Cereal, 1oz LUNCH Beef Taco Stick or Bean Burrito
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WEEK 1

14 BREAKFAST Lucky Charms Cereal, 1oz or Honey Cheerios Cereal, 1oz LUNCH Mini Cheeseburgers or Bean Burrito	15 BREAKFAST Chocolate Muffin Top* or Honey Cheerios Cereal, 1oz LUNCH French Bread Pizza or Bean Burrito	16 BREAKFAST Mini Strawberry Bagels* or Honey Cheerios Cereal, 1oz LUNCH Chicken Nuggets w/ Cheez Its or Bean Burrito	17 BREAKFAST French Toast Sticks* or Honey Cheerios Cereal, 1oz LUNCH Grilled Cheese or Bean Burrito	18 MEALS AT SCHOOL SITES ENDS 7/18 BREAKFAST Cinn. Toast Crunch Cereal, 1oz or Honey Cheerios Cereal, 1oz LUNCH Bean & Cheese Burrito or Bean Burrito
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WEEK 2

21 PARKS SERVING MEALS BREAKFAST Cocoa Puffs Cereal, 1oz or Honey Cheerios Cereal, 1oz LUNCH Teriyaki Chicken Bowl or Bean Burrito	22 PARKS SERVING MEALS BREAKFAST Mini Confetti Pancakes* or Honey Cheerios Cereal, 1oz LUNCH Galaxy Cheese Pizza or Bean Burrito	23 PARKS SERVING MEALS BREAKFAST Maple Waffle* or Honey Cheerios Cereal, 1oz LUNCH Shredded Beef Burrito or Bean Burrito	24 PARKS SERVING MEALS BREAKFAST Mini Choc. Chip French Toast* or Honey Cheerios Cereal, 1oz LUNCH Italian Pull Aparts with Cheese or Bean Burrito	25 PARKS SERVING MEALS BREAKFAST Trix Cereal, 1oz or Honey Cheerios Cereal, 1oz LUNCH Beef Taco Stick or Bean Burrito
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WEEK 1

28 PARKS SERVING MEALS BREAKFAST Lucky Charms Cereal, 1oz or Honey Cheerios Cereal, 1oz LUNCH Mini Cheeseburgers or Bean Burrito	29 PARKS SERVING MEALS BREAKFAST Chocolate Muffin Top* or Honey Cheerios Cereal, 1oz LUNCH French Bread Pizza or Bean Burrito	30 PARKS SERVING MEALS BREAKFAST Mini Strawberry Bagels* or Honey Cheerios Cereal, 1oz LUNCH Chicken Nuggets w/ Cheez Its or Bean Burrito	31 PARKS SERVING MEALS BREAKFAST French Toast Sticks* or Honey Cheerios Cereal, 1oz LUNCH Grilled Cheese or Bean Burrito	AUG 1 PARK MEALS END 8/1 BREAKFAST Cinn. Toast Crunch Cereal, 1oz or Honey Cheerios Cereal, 1oz LUNCH Bean & Cheese Burrito or Bean Burrito
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KEY:
🍳=HOMEMADE ELEMENTS
🌱=NEW
👉=GRAB & GO
🐷=CONTAINS PORK
●=2WG

SAUSD SUPPORTS
LOCAL CALIFORNIA
FAMILY FARMS.
SELECT DAYS WILL
FEATURE FARM
FRESH PRODUCE.



click here



scan here

*All cereals are Reduced
Sugar: ≤6 grams

Menu is subject to change without notice. This institute is an equal opportunity provider.